

# NEW WORLD

## **What to bring for your rafting expedition:**

### **For the river :**

A pair of running shoes or good sandals with straps, that you can swim with.

A bathing suit

A wool or polar sweater

A nylon wind jacket(K-Way)

Nylon shorts

Suntan lotion

### **For the expeditions before June 1<sup>st</sup>:**

Wool hat

Wool gloves or mitts

Extra wool or polar sweater

Wool socks

**Do not wear cotton sweatshirts or jeans or leather shoes on the river.**

### **Bring:**

A full change of clothes

Towel, soap and shampoo

**Bring I.D. card**

Money for souvenirs ( DVD, photos, t-shirt ect..)

### **Do not bring:**

Jewelry or value object

Big amount of money

Alcohol or drug